

Hungry for Local

Hands to Table Harvest Menu - September 1st - 30th 2023



FROM OUR
Hands
TO
Table

U. Cake

Appetizers

Folded Crepes

Crepes filled with 4 different toppings including produce from *Kustermans* and *Viaene Farms*

\$9.50

Cheese Pancakes/Syrnik

The most popular Ukrainian breakfast! These are sweet little cheese pancakes served with syrup and jam made from *Viaene Farms* fresh fruit

\$9.50

Main

U.Soup Borsht

Ukrainian soup with pork, red beets, carrots, cabbage, and onions from *Vanda's Family Market*

\$9.50

Pierogies/Varenyky

Dough filled with your choice of a savory or sweet filling using *Janssens Farm Fresh Produce*

\$9.50

Dessert

Macarons

Choose from Ruby-Cherry, Apricot, and Apple flavours using *Kustermans* and *Janssens Farm Fresh Produce*

\$3.75

TART

Berry tart made with fresh fruit from *Viaene Farms*

\$6.50

Crème Brulée

A custard dessert with a caramel crust using fresh fruit from *Kustermans* and *Red Barn Fruit Farm*

\$5.50

From creation to consumption and everything in between. When you know the story behind the food on your plate, it will leave you with a better taste in your mouth. Learn more about these local culinary partnerships at handstotable.ca/

